**WELCOME TO**

**QUICKSET VOLLEYBALL**

**PLAYER AND PARENT MEETING**

**EARLY TRYOUT REGISTRATION**

**Thursday, November 3, 2016**

**6:00-6:30 tryout registration**

**6:30-7:00 Meeting**

**7:00-7:15 tryout registration**

**East Hills Middle School**

**Auditorium**

[**quicksetvbc@yahoo.com**](mailto:quicksetvbc@yahoo.com)

[**www.quicksetvolleyball.com**](http://www.eteamz.com/qsvc)

**570-617-7409(C)**

**610-867-0541 (W) @ East Hills MS**

**Club mailing address**

**531 W. Nicholas St.**

**Frackville, PA 17931**

**Quickset Brochure 2016**

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**Important dates:**

Nov. 11th Commitment deadline for 12, 13, 14

Nov. 18th Commitment deadline for 15, 16

Dec. 1st Team meeting night. 6:30pm EHMS.

Dec. 5th Practice starts (13, 14, 15, 16)

Jan. 3rd Practice starts for 12’s

Jan. 9th Practice starts for the Developmental team

**Keystone Region Volleyball Registration**

**All players must have a KRVA membership.**

Full membership $55

Junior tryout membership ($15) to attend tryouts.

Go to… [www.krva.org](http://www.krva.org)

Under “Juniors” click on “Member Registration”

On the right click on either Web point Login (returning players)

or New Member

Pay the Junior Tryout membership to KRVA - $15 (non-refundable)

(this fee is separate from the Quickset tryout fee)

When a player commits to a club you will need to upgrade to full membership before Dec. 5, 2016. (First practice)

\***Developmental team** members do not tryout therefore each player should get their full membership.

**ABOUT QUICKSET VBC**

**QUICKSET**, formed in 1991, is affiliated with the Girls Junior Olympic program of USA Volleyball (USAV), the National Governing Body for volleyball in the United States. QuickSet's coaching staff consists of USAV, collegiate, high school, and CYO coaches who are USAV certified and members of the American Volleyball Coaches Association (AVCA). Our coaching staff continues their education and development through attendance at seminars, clinics, and programs sponsored by the USAV CAP, the AVCA, and the PA Volleyball Coaches Association (PVCA). QuickSet's program runs from December/January through April each year.

**QUICKSET VALUES** each player's self-esteem, honesty, and spirit.

**QUICKSET's VISION** is to provide an optimum atmosphere for the development of young volleyball athletes and assist each player in becoming the best she can be.

**QUICKSET's GOALS** are to:

• Improve the volleyball skills and leadership of each team member through specialized instruction and competitive team play.

• Continue to raise the quality of girl's volleyball in the Lehigh Valley area - as evidenced by the continued success of Quickset players on their local high school teams.

• Provide specialized training opportunities and key competition exposure for athletes who are considering playing competitive volleyball in college.

• Promote good sportsmanship, responsibility, and the lifelong spirit of volleyball.

**Quickset Philosophy**

To improve skills of the Lehigh Valley region’s players. This is done through a variety of drills at practice.

**Playing time:** Based on the value to the team at any given point. Players do not pay to play. Quickset limits the numbers on its teams to 9 or 10 to get player’s maximum time on the court but during matches there are other factors that enter into the decision as to whether a player actually plays.

1. Rotation – players are slotted into a certain rotation which is driven by the play of the teams and the flow of the match. There will be times when the rotation does not rotate in a way to allow all players their anticipated playing time. Coaches can make adjustment but usually this will mess up a rotation.
2. Playing level – some players just have bad days and thus the coach will make the necessary adjustments to allow the team to be successful.
3. Situational coaching: Using their knowledge of the player and the situation the team is in the coach will make a coaching decision based on that knowledge. At no time should a player take anything personally. Coaching is not an exact science thus all decisions should be accepted for what they are meant to achieve “success for the team”.
4. Position: players are selected to a team based on their ability at certain positions. We do not “load” a team with 5 outside hitters thus making it impossible to have each one get appropriate playing time at that position. Some players show during practice that they are able to handle multiple positions and some exhibit talent at one certain position. It is the hope that as the younger players mature and play high school ball that players will develop into multiple position players. In a perfect world that would mean all players but it is simply not going to happen. A player needs to come to an understanding of their own talent level and what position or positions they are best suited to play.

**Code of Conduct**

Every Quickset player and parent is expected to adhere to the code.

1. Players – are not to “coach” another player. This should be handled by the coaching staff. Also players are to encourage each other. Putting a player down for their play is in direct violation of the code and will be dealt with by the staff.
2. Parents – all comments/questions should be directed to the coach staff. Coaching your daughter from the side lines simply causes confusion since your daughter should be following the coaching staff’s instructions thus keeping the entire team on the same page. Any derogatory comments should be kept to yourself. Again if you have a problem you should ask the coaching staff for an explanation. Standing on the sidelines and bad mouthing another player or the coaching staff is in direct violation of the code and your daughter would be the one to suffer for your actions.
3. Coaches are not to be approached during practice or tournament play. Request to have a conference with your daughter’s coach either before or after practice. If your concerns are not answered to your satisfaction then you need to contact Tim Dando, Director.
4. Consequences of breaking the code could involve sanctions against the player such as benching, suspension, or removal from the team and club.

**ABOUT QUICKSET'S 15, 16 YR. OLD & UNDER TEAMS:**

Quickset's 15 and 16 year old and under teams compete at the

Club level in the Keystone Region of PA. Teams attend tournaments held mainly in Pennsylvania. Quickset selects tournaments for these age groups that challenge and develop both the team and individual skills and leadership of the players.

The Quickset staff works with players (15’s, 16s) who are eligible to be recruited by colleges (per NCAA recruiting rules) to find and select the “best” college for them to attend, considering a multiple of factors. Quickset seeks to help each player and her parents balance the academic, athletic, and social aspects of a player’s college experience.

**ABOUT QUICKSET'S 14, 13, & 12 & UNDER TEAMS:**

The 14 & under, 13 & under, and 12 & under teams compete at the Open or Club level in the Keystone Region of PA. Teams attend tournaments held mainly in Pennsylvania. Each tournament lasts all day (or the weekend) and hosts competition between 8 to 20 teams, which results in a concentrated learning experience for the young athlete

**ABOUT DEVELOPMENTAL TEAM:**

Players beginning to learn the game of volleyball are invited to sign up for our developmental team. They practice once a week from mid Jan. to late April. The team will possibly participate in one in house tournament at the end of the season.

**AGE GROUPS:**

16 & under: NOT turning 17 before Sept. 1, 2017

15 & under: NOT turning 16 before Sept. 1, 2017

14 & under: NOT turning 15 before Sept. 1, 2017

13 & under: NOT turning 14 before Sept. 1, 2017

12 & under: NOT turning 13 before Sept. 1, 2017

Developmental team – 13 and under.

Exceptions have been made in the past for players of the age of 14. Please see Coach Dando for further details.

High school players will follow the expected guideline of:

freshman -15s; sophomores -16s;

Also open to exceptions. (Players moving up- club’s decision

**Tryout information.**

Each player must provide proof of KRVA membership .

***There is a $30 non-refundable tryout fee payable*** at your first tryout by cash or check. *Make checks payable to “Quickset Volleyball”*

**Schedule: East Hills Middle School**

Monday/Tuesday Nov. 7 Call backs possible on Nov. 8th

6:00-7:30  12/under

5:30-7:30  13/under  
7:30-9:30  14/under

Monday/Tuesday  Nov. 14 Call backs possible on Nov. 15th

5:30-7:30  15/under

7:30-9:30  16/under

**Tryouts**

**Quickset tryouts** consist of drills and scrimmaging. Players will be asked to demonstrate skills including passing, setting, hitting, blocking and serving. Each player is given an equal opportunity to display their skills.

**Selection of players** : The entire coaching staff has input pertaining to player selection.

Quickset does not make offers before tryouts and being a member of a particular HS, MS, or grade school team does not guarantee a player an offer.

**Offers** will be made to parents/players IMMEDIATELY following the first night unless the coaching staff decides to utilize the second scheduled night.

*Coaches will be seeking at least a verbal acceptance at that time.*

**Due to the new commitment procedure implemented by KRVA (the email) we do not hand out commitment papers. Your email is your commitment as stated below.**

**KRVA Commitment Rule -** Offers may be made to any player on the 1st day of tryouts, they must stand for 4 days. Once a junior player has accepted an offer from a club, they will remain committed to that club and may not withdraw their acceptance from that club for any reason.

***Once an offer is accepted the parent must send an email to the club director and*** [***the KRVA Girls Chairperson.***](mailto:girls@krva.org)

**Quickset Club Director – Tim Dando -** [**quicksetvbc@yahoo.com**](mailto:quicksetvbc@yahoo.com)

**KRVA Girls Chairperson –**[**OFFERS@krva.org**](mailto:OFFERS@krva.org)

**Email should state your daughter’s acceptance and club name.**

**Players accepting a position then will send to Quickset the initial $350 acceptance fee by the following dates.**

**Make checks payable to “Quickset Volleyball”**

**12’s, 13’s, 14’s On or before Nov. 11th**

**15’s, 16’s On or before Nov. 18th**

**PLAYER COSTS FOR 2017 AND PAYMENT FEE SCHEDULE**

**16’s, 15’s, 14’s -- $950**

(6-one day plus President’s weekend and 1 overnight tournament)

**13’s -- $850** (6 – one day tournaments and President’s weekend 2 day)

**12’s -- $800** (5 – one day tournaments and President’s weekend 2 day)

**Developmental team - $225** ($75 due at sign up then

$75 by Dec. 20th -$75 due by Jan. 20th.)

**Each cost includes** USA registration for coaches, team, scoring clinics, coaching certification clinic, court rental fees, tournament fees, hotel fees for the coaches, coaches’ mileage and meals, club operating costs and \*2-uniform jerseys. \*(12’s will receive one uniform jersey)

**Please make checks payable to: QUICKSET VOLLEYBALL**

**DUE DATES**

**Acceptance by :**

**Nov. 11th(12, 13, 14’s) $350 Nov. 18th (15, 16’s) $350**

**14 – 16’s** **13’s** **12’s** **Developmental**

2nd) by Dec. 20th $200 $200 $150 $75

3rd ) by Jan. 20th $200 $150 $150 $75

4th) by Feb. 20th $200 $150 $150

**Mail to:**  Quickset Volleyball **Drop off at** : East Hills MS

531 W. Nicholas St. OR c/o Tim Dando Rm. 152

Frackville, PA 17931

**DO NOT GIVE PAYMENTS TO COACHES**

**PLEASE BE PROMPT WITH YOUR PAYMENTS.**

A missed payment will result in your daughter being considered inactive until the missed payment is made and your account is in good standing.

**Practice Information**

**Starting week of Dec. 5th–13, 14, 15, 16**

**12’s will start Jan. 8th**

**Team practice schedules**

12’s – 8:00-9:30 Mondays until Feb. 6th then 7:30-9:00 @ EH

6:00-7:30 Tuesdays @ EH

13’s – 5:30-7:30 Tuesday/Wednesday @ Northeast MS

14’s – 5:30-7:30 Wednesdays @ East HillsMS

5:30-7:30 Thursdays @ Northeast MS

15’s – 7:30-9:30 Tuesdays/Wednesdays @ Northeast MS

16’s – 7:30-9:30 Tuesdays @ East Hills MS

7:30-9:30 Thursdays @ Northeast MS

**Developmental team – practice schedule is set.**

Mondays D-team 6:30-8:00 East Hills MS

Jan. 9, 23, 30 Feb. 6, 13, 27

Mar. 6, 13, 20, 27 Apr. 3, 10, 24

To make up for the 3 holiday Monday practices that are cancelled there are 3 Tuesday practices. Jan. 17, Feb. 21, April 18 from

6:00-7:30 @ EH

Wednesdays D-team 7:30-9:00 East Hills MS

Jan. 4, 11, 18, 25 Feb. 1, 8, 15, 22

Mar. 1, 8, 15, 22, 29 Apr. 5, 19, 26

**PARENT RESPONSIBILITIES**

**It is important that parents:**

1) Notify your daughter's coach immediately of any illness or injury (however slight) that your daughter has, or of any medication that your daughter is taking.

2) **Pay dues on or ahead of the due date**. Because of the increased number of teams each year that are trying to enter tournaments, if funds are not available, our registration will be delayed, and this may result in the best tournaments being filled.

3) Remind your daughter to notify her coach as soon as possible if she is unable to attend a practice or tournament. Coaches plan practices to involve all the players in both general and specialized roles.

4) Support the efforts of your daughter's coach who is trying to balance the needs and skills of all players, to develop the athletes, to win in this competitive youth sport with an emphasis on teamwork, and to make each player's experience enjoyable.

***Coaching Staff for 2017***

D-Team(Mon) – Mary Vanya/John Ahern

D-Team(Wed) – Rob Gardner/Lauren Xiques

12's – John Ahern/ Natalie Borosky

13’s – Samantha/Lynda Abi-daher

14's - Linda Harris/ Jenna De Francisco

15's - Danielle Capuano

16’s – Rob Gardner/Lauren Xiques

**Quickset Volleyball Tryout Registration**

**PLEASE PRINT CAREFULLY**

Player’s Name - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Home phone number- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Cell number - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent e-mail address - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Circle Age as of August 31, 2017.**

10 11 12 13 14 15 16 17 18

Circle current school grade

5th 6th 7th 8th 9th 10th 11th

Other club tryouts that you are planning to attend:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Have you received any offers from another club? YES NO

Yes, from which clubs - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Quickset honors in season school sports and will work with you in an attempt to make things work. Please indicate below if you anticipate a conflict with another ***school sport***.

Circle the ***school sports*** you are involved with that could conflict with Quickset practices or tournaments.

Basketball Softball Soccer Other - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

If you have a concern or question regarding what we will and will not honor please email Coach Dando at [quicksetvbc@yahoo.com](mailto:quicksetvbc@yahoo.com).